

POLICIES

SERVICES

Welcome to Lynne Babbitt Counseling. I am committed to helping you overcome challenges, achieve your goals, and develop healthy fulfilling relationships. I cannot assume responsibility for clients' day-to-day functioning, so in the event of an emergency, please go to a hospital.

CONFIDENTIALITY

All counseling communications, records, and contacts with clients will be held in strict confidence. Information may be released only when:

1. The client signs a written release of information.
2. The counselor believes the client may be at risk of harming self or someone else.
3. There is suspicion of abuse against a minor child, elder person, or dependent adult.
4. A court-ordered subpoena directs the disclosure of information in court.

FEE POLICIES

- The fee for counseling services is **\$80.00 for a 50-minute session**. Payment is due at time of service. Churches, family, friends, and employers have all helped sponsor clients' counseling. I am happy to work with third parties who have agreed to cover some or all of a client's counseling.
- Please let me know as soon as possible if you cannot keep your scheduled appointment. You may leave a message or text at **717-413-4404** or email me at **lynnebabbitt@gmail.com**. Same-day cancellations except for emergencies will be a billed session.
- I am happy to answer brief phone calls and emails of about 10 minutes, but extended conversations will be billed as a portion of a session.

COUNSELOR

I earned my B.S. in Psychology and M.A. in Professional Counseling from Liberty University. Including five years as a social worker, I have provided counseling services for almost 30 years.

I use Cognitive Behavioral Therapy and Family Systems Theory. I also incorporate Biblical principles and prayer if clients so wish.

Signature: _____ Date: _____

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